



MURANG'A TECHNICAL TRAINING INSTITUTE - MARAGUA

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**INTERNAL MEMORANDUM**

**TO:** All Students and Staff  
**FROM:** Guidance and Counselling Department  
**DATE :** 13th October 2025

**SUBJECT: GUIDANCE AND COUNSELLING EVENT ON WEDNESDAY 15TH OCTOBER 2025**

This is to inform all students and staff that there will be a Guidance and Counselling event scheduled for Wednesday, **15th October 2025**, from **10.00 a.m. to 5.00 p.m.** The activity will take place within the institute and will feature the following key activities:

1. **Group Counselling Session on Mental Health** – To be held in Hall 1 from 11.00 a.m.- 1.00 p.m., facilitated by professional counsellors.
2. **Blood Donation Drive** – Conducted by Murang'a Level 5 Hospital in collaboration with Maragua Level 4 Hospital.
3. **Voluntary HIV Testing and Counselling** – Carried out by qualified medical personnel from Maragua Level 4 and Murang'a Level 5 Hospital.

All students and staff are encouraged to actively participate in these activities. The exercise aims to promote physical health, mental wellness, and social responsibility among members of the institute community.

**NB: KINDLY NOTE THAT THIS ACTIVITY WILL RUN CONCURRENTLY WITH SCHEDULED CLASSES.**

Your cooperation and participation will be highly appreciated.

Prepared by:

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Guidance and Counselling Department

Approved by:

**PRINCIPAL**  
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**Rachel Kimani**  
Principal